

● FIELD ITINERARY

Wendelstein on foot

A full day from Munich - by train, up to the summit and back on foot.



DOOR TO DOOR	FROM MUNICH	HIKE	ELEVATION	BEST ON
9:00-20:00 (~11h)	~1.5h by train	5-6h	↑ ↓ 1,046m	clear, settled days

THE DAY

- 1 Munich Ost → Osterhofen** 9:08 · ~1.5h by train
Download the offline map before you leave - reception can be patchy on the trail.
- 2 Start of the hike** 10:40
From the cable-car valley station, follow the marked trail towards Wendelstein.
- 3 Climb via Siglalm** 10:40 → ~13:10
Gain more than 1,000 metres through forest and open alpine terrain.
- 4 Break at the mountain hut** ~12:10
Stop for food or a drink, and give the grazing cows plenty of space.
- 5 Wendelstein summit** ~13:10 · 1,838m
The summit path links the cross, chapel, observatory and sweeping 360° views.
- 6 Cave, church and lunch** ~45 min
Bring a €2 coin for the cave, then stop for lunch at the Wendelsteinhaus.
- 7 Descend to Osterhofen** ~15:30 → ~18:00
Return by the same trail. The steeper sections can be slippery when wet.
- 8 Cool down and head home** ~18:00
Cool your feet near the station, then take the train back to Munich.

Haki Tip - cable car and rack railway alternatives:

The main itinerary goes up and down on foot. Still, check the final cable-car descent before setting off - it can be a useful backup if you are tired, the weather turns or you lose time. You can also reach Wendelstein on the historic rack railway from Brannenburg. A combination ticket lets you travel up one side and down the other, but the two railways finish in different valleys.

